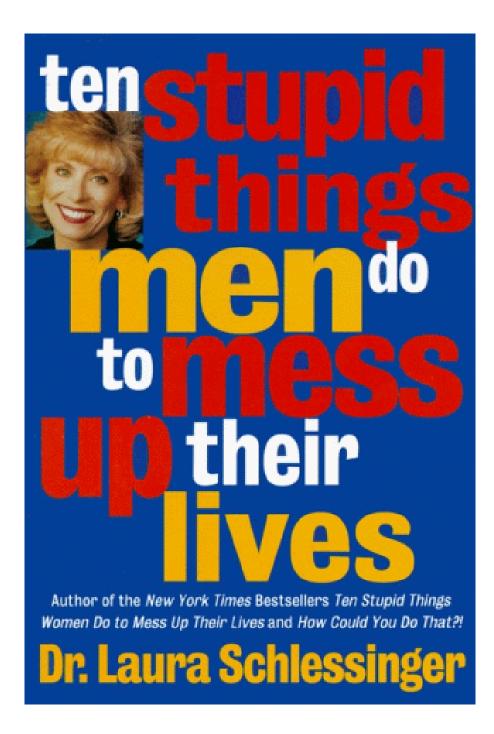


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Everything will be okay ... once you admit that Dr. Laura's always right. This companion volume to the radio advice factory's 1994 bestseller (which tackled the stupid things women do) serves up plenty of the nononsense, old-fashioned morality that her legions of listeners love. Brutally reductive--but not necessarily wrong--this book chalks up men's problems to trying to save "damsels in distress," refusing to admit to a healthy dependence on others, climbing the career ladder to the detriment of your relationships, denying the duty and pleasure of child-rearing, and many others. Whatever your personal reaction to her brassy, unapologetic style, Dr. Schlessinger is a refreshing antidote to the wishy-washy "everything's relative and everyone's different" trend that held sway for a time. Ten Stupid Things Men Do to Mess up Their Lives contains a lot of good advice--even though it has as much in common with instant soup mix as with therapy.

#### From Library Journal

Schlessinger, the author of best sellers Ten Stupid Things Women Do To Mess Up Their Lives (Villard, 1994) and How Could You Do That?! (LJ 4/1/96), successfully repeats the style of her first book?this time?focusing on men. As before, Schlessinger uses her experience with callers on her radio show to reiterate her theme that in relationships both men and women are often their own worst enemies. Her advice is no-nonsense and the prose exceptionally readable, with anecdotes seamlessly integrated into the text. The result is a better book than its predecessor. Although the book is written for men, women will also find it helpful. Public libraries should expect high demand. Strongly recommended.

-?January Adams, Franklin Twp. P.L., Franklinville, N.J.

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#### About the Author

Dr. Laura Schlessinger received her Ph.D. in physiology from Columbia University and holds postdoctoral certification and licensing in marriage and family therapy. She is the author of two national bestsellers, 10 Stupid Things Women Do To Mess Up Their Lives , and How Could You Do That?: The Abdication of Character, Courage and Conscience. Dr. Laura is the host of one of the nation's most popular daily radio programs. She lives in Los Angeles, CA, with her husband and son.

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Shows men how to think through their decisions, restrain their macho impulses, and marry for the right reasons.

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Visit the official Dr Laura Website.

Most helpful customer reviews

0 of 0 people found the following review helpful.

getting him to wake up about how to stop being so stupid with women

By Craig L. Russell

I gave a copy to my son years ago. Did the job, getting him to wake up about how to stop being so stupid with women.

70 of 77 people found the following review helpful.

## Outstanding

By A Reader from Chicago

I only heard her show once, and was not impressed at all. But this book is quite excellent if you are trying to sort out your life, or what you may be going through or did go through. While I didn't find all the chapters worth reading, the ones I did like were very insightful, essentially doing mini case studies on what has happened with her callers, by relating their stories.

The first chapter, Stupid Chivalry, explores how guys who are "too nice" to women may be denying their real needs and therefore not being real. This backfires for the "nice" guy, but results in a dupe being available to be used by a woman who wants things done for her. Women want men who are real as mates. The chapter also explores guyus being nice because they may feel that their hand is so weak, that they welcome someone who has a lot of troubles so that they won't have to worry about being abandoned. They will feel needed. But unlikely is the case that they will be wanted for more than solving problems of the troubled woman.

The 6th chapter, Stupid Matrimony, explores idiotic motivations for getting married. "She's cute!" is one of them. With so many marriages ending in divorce, it is obvious that people do not always have the resources to think through what is drawing them towards marriage in a practical way. This book is an excellent eyeopener. Just because someone is wonderful to have fun with does not mean that you can overlook their flaws and get away with it. The message of this book, through the histories of her listeners is you will not get away with it. Having someone you can rely on and work with is very important. And making excuses for a woman's current behavior, if it isn't good for a relationship, won't make that behavior go away in the future.

In short, those two chapters were so good in helping me analyze my life that I picked up a copy of the book for a friend who has done some of the stupid things. This book is about seeing stupid things we can do as stupid, rather than just feeling our way through and thinking things will magically work out, and that we will be appreciate, or that the woman will behave better.

If you are trying to sort things out in you life, relative to women, this book should help you see a lot more clearly. And I say that having read many books on related areas.

Good luck.

9 of 12 people found the following review helpful.

Stereo typical men stuff

By A Customer

Many of the 10 things didn't apply to me personally, but that wasn't a surprise. However, one of the ten was right on the money & explained why I have made such bad choices in the past w/ choosing a woman. Now that I'm aware of my tendency, it helps me to be more selective & to not fall into the same trap.

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