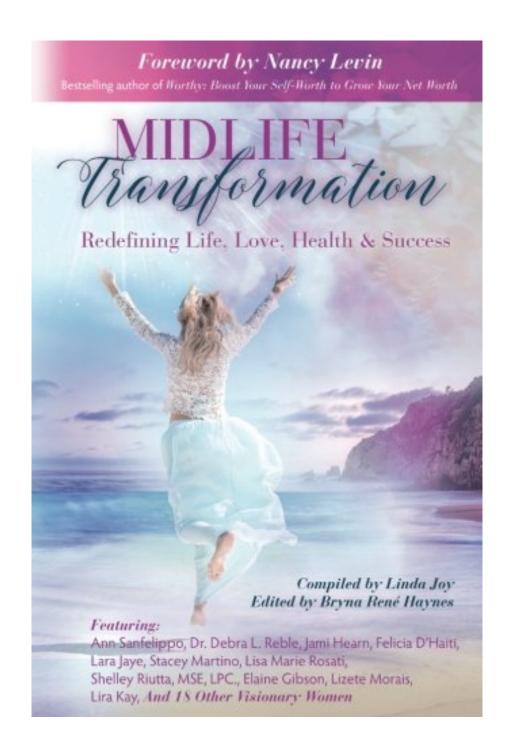


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When your soul whispers, It's time to become more, will you be ready to listen?

From the publisher behind the international best-selling Inspiration for a Woman's Soul trilogy comes a brand new collection of transformative stories that will stir your soul and open your eyes to the power of divinely-inspired action.

Midlife Transformation: Redefining Life, Love, Health & Success reveals the miracles that happen when a woman makes an empowered choice to release the weight of her past, step out of the shadows, and embrace a life that fully honors her sacred truth. On every page, you'll discover the intimate stories of women who found the courage to follow the whispers of their hearts, move through the darkness of fear and doubt, and embrace their purpose, passion, and calling.

At some point, each of these inspiring women woke up to the profound realization that her goals, actions, and circumstances were no longer in alignment with who she was. Through the fires of transformation and her personal dark night of the soul, each of these courageous souls emerged to create a life by design - a life where her truth is her beacon, her soul is her guide, and her work is her gift to the world.

Contributing authors for Midlife Transformation include: Dr. Debra L. Reble; Ann Sanfelippo, Felicia D'Haiti, Jami Hearn, Lara Jaye, Lizete Morais, Elaine Gibson, Lira Kay, Stacey Martino, Lisa Marie Rosati, Shelley Riutta, MSE, LPC, Sheila Callaham, Mal Duane, Laura Clark, Felicia Baucom, Dr. Colleen Georges, Dr. Angela Joyner, Monica Dubay, Dr. Bonnie Nussbaum, PhD; Cindy Hively; Kailean Welsh, MS, LPC, Karen Spaiches, Kimberly Tobin, Shawn Shaw, Katrina Burton, Michelle Lemoi, Beth Tunis, MA, LMFT, Lore Raymond, Janet G. Nestor

The book also includes a foreword by Certified Master Integrative Life Coach Nancy Levin, bestselling Hay House author of Worthy: Boost Your Self-Worth to Grow Your Net Worth

Advance Praise for Midlife Transformation:

"Courage is not always easy, but it is critical to living a life filled with love. Listening, and following our inner wisdom and guidance, requires us to build that muscle of courage. This is a wonderful book, full of inspirational stories to awaken women to their own inner wisdom and courage to live a life full of love, joy, and abundance. Christy Whitman, New York Times best-selling author of The Art of Having It All.

Transformative! It takes courage to step through your fears and trust the wisdom of your soul. The powerful stories shared in Midlife Transformation will remind you that when you harness your personal power, commit to living authentically, partner with the Divine, and bravely venture into the uncharted, magic happens! Colette Baron-Reid, Intuitive, spiritual teacher, psychic medium, author, and founder of Colette Baron-Reid's Oracle School

"Wow! I couldn't put down Midlife Transformation! The stories these courageous women share are incredibly inspiring. If you need inspiration and support in changing your life and choosing your soul's journey, this book is for you." - Dr. Margaret Paul, co-creator of Inner Bonding, coauthor of Do I Have To Give Up Me To Be Loved By You? and Healing Your Aloneness, and author of Inner Bonding and Do I Have To Give Up Me To Be Loved By God?

"An incredible guidebook to realizing that you are not alone. Midlife brings such rich and yet challenging choices front and center in our lives, and knowing that it is possible to transform and flourish during this time is beautifully captured in the intimate, soulful stories in Midlife Transformation. Brava to the courageous women who have shared their transformational stories! Marianne MacKenzie, founder of Radically Engaged Living, international best-selling author of Inspiration for a Woman's Soul: Choosing Happiness

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