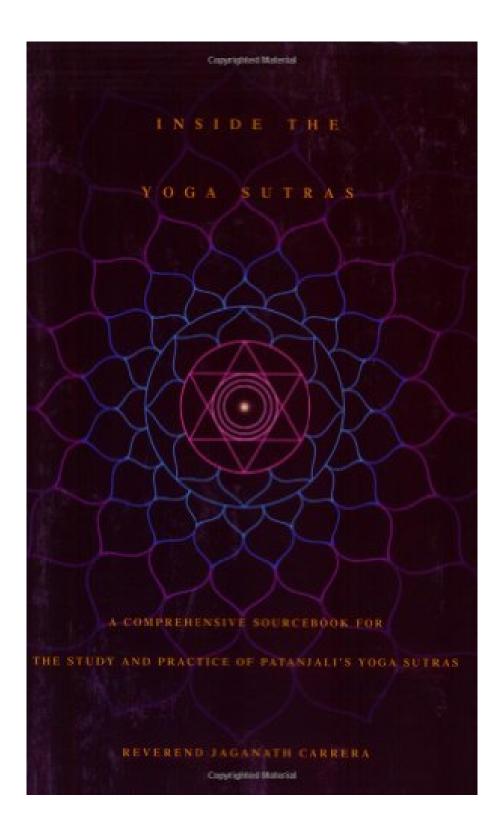


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"Inside the Yoga Sutras invites us to take delight in Patanjali's Yoga Sutras, weaving truths with kind, humorous and authoritative writing". Nancy Miller, Ascent Magazine.

From the Back Cover "Patanjali was really with him when he wrote this book." Sri Swami Satchidananda

"Reverend Jaganath's commentary on the Yoga Sutras of Patanjali is without compromise or condescension. Each word is harvested in the fields of insight as well as inspiration. This book is a 'must-have' reference for all scholars of Yoga." Sharon Gannon, co-author, Jivamukti Yoga - Practices for Liberating Body and Soul.

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#### About the Author

Reverend Jaganath has shared the joy and wisdom of the Yoga Sutras with thousands of students for over three decades. A direct disciple of Sri Swami Satchidananda, he has taught all facets of Yoga at universities, prisons, Yoga centers, and interfaith programs. He established the Integral Yoga Ministry and is founder and spiritual head of the Yoga Life Society. A senior member of the Integral Yoga Teachers Council, he codeveloped the highly regarded Integral Yoga Meditation and Raja Yoga Teacher Training Certification programs.

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